

# Summer Opportunities for High School Students

## General Volunteering

**Volunteer Match**, [www.volunteermatch.org](http://www.volunteermatch.org),

**United Way of Central New Mexico Volunteer Connection**, [www.centerforprofitexcellence.org](http://www.centerforprofitexcellence.org)

## Local Health Sciences Opportunities

### Health Careers Academy (HCA) at UNM

This six--week non--residential program at the University of New Mexico (UNM) Health Sciences Center (HSC) is for current high school freshman, sophomores, and juniors. HCA aims to stimulate interest in the health professions, especially among underserved and underrepresented populations in New Mexico

- Health Careers Academy-HCA (HS Sophomores and HS Juniors)
  - Application Deadline: April 7, 2023
  - Program dates: June 5<sup>th</sup> – June 30<sup>th</sup>, 2023
  - Application Link: <https://ctoc.health.unm.edu/Account/Login>
- Undergraduate Health Science Enrichment Program-UHSEP (Current HS Seniors)
  - Application Deadline: April 7, 2023
  - Program dates: June 4<sup>th</sup> – June 30<sup>th</sup>, 2023
  - Application Link: <https://ctoc.health.unm.edu/Account/Login>

### Hospital Volunteer at Presbyterian Hospital

Presbyterian Hospital accepts volunteers at least 16 year old. Apply early in the Spring.

<https://www.phs.org/community/Pages/volunteer.aspx>

**Hospital Volunteer at University of New Mexico** Minimum age for volunteers varies by location. Mentorships are arranged through school counselors and the teen earns high school credit for completing the mentorship. <https://hsc.unm.edu/health/ways-to-give/volunteer/index.html>

**Muscular Dystrophy Association Camp** hires teens as camp counselors. [www.mda.org](http://www.mda.org)

**North Ridge Alzheimers Special Care Center** welcome teens with music, dance or drama skills to perform at the center. [www.jeaseniorliving.com](http://www.jeaseniorliving.com) Other senior care facilities in the city also welcome volunteer performers.

**Ronald McDonald House Volunteer** Teen Volunteers must be at least 16 years of age are welcome to give their time and talents to the House, which is located near the UNM North campus. The house offers temporary housing for families of children receiving pediatric treatment in Albuquerque for serious illnesses. [www.rmhc-nm.org/](http://www.rmhc-nm.org/)

## Local Science, Math and Engineering Opportunities

### Sandia Labs and Advanced Materials Lab

You must be at least 16 years old and an outstanding student. February is the time to apply and it helps to have a connection, someone you know at Sandia Labs or AML.

<http://www.sandia.gov/careers>

**Summer Science Program (SSP) at New Mexico Tech** in Socorro. Need-based tuition assistance may be available. <http://www.summerscience.org/home/index.php>

**Air Force Research Lab Phillips Scholars Program** at Kirtland Air Force Base and other locations. Very competitive program in physics and engineering for top science students. <https://afrlscholars.usra.edu/>

**Los Alamos National Laboratory** has summer internships for teens  
<http://www.lanl.gov/careers/career-options/student-internships/index.php>

**UNM Summer Transportation Institute** Engineering Student Services, with the support of the U.S. Department of Transportation, sponsors a Summer Transportation Institute (STI) for high school students. <https://ess.unm.edu/assets/ess-programs/ess-summer-programs/index.html>

**New Mexico Museum of Natural History and Science Junior Docent Program** for students in 8th through 12th grade.  
<http://www.nmnaturalhistory.org/youth-and-family-programs-volunteers/junior-docents>

#### **Pathways to Science:**

[https://www.pathwaystoscience.org/programs.aspx?u=HighSchool\\_High%20School%20Students&=&s=&sa=either&p=either&c=either&f=&dd=&ft=&submit=y&adv=adv](https://www.pathwaystoscience.org/programs.aspx?u=HighSchool_High%20School%20Students&=&s=&sa=either&p=either&c=either&f=&dd=&ft=&submit=y&adv=adv)

### **Other**

#### **State Internships:**

<https://www.spo.state.nm.us/internship-opportunities/>

#### **Local Internships:**

<https://www.dws.state.nm.us/Internships/InternshipSearch>

**Junior Achievement** [www.ja.org](http://www.ja.org) volunteers teach important skills to students in grades K through 12. Volunteers must be at least 16 years old.

**American Youth Literacy Foundation** Teens at least 15 years old can teach younger children how to read and literacy skills. [www.youthlit.org](http://www.youthlit.org)

**Indian Pueblo Cultural Center** [www.indianpueblo.org/](http://www.indianpueblo.org/)

**Biopark** Nature Guides guide visitors through the zoo, botanic garden and aquarium. They must be at least 14 years old. [www.cabq.gov/culturalservices/biopark](http://www.cabq.gov/culturalservices/biopark) Other opportunities for older teens.

**Roadrunner Food Bank** volunteers must be at least 6 years old [www.rafb.org](http://www.rafb.org)

**Meals on Wheels** volunteers help prepare meals or help deliver meals with an adult driver. Volunteers must be at least 13. <https://www.mow-nm.org/how-you-can-help/volunteer-opportunities/>

**Joy Junction** accepts teen volunteers to help at the city's largest family homeless shelter. The age limits

depend on the specific job and whether the youth is a member of a group or an individual.

[www.joyjunction.org](http://www.joyjunction.org)

**College Readiness Program at UNM** is for current Juniors who will be Seniors in the 2014--2015 school year. The College Readiness Program includes a 3 day, 2 night summer residential program at UNM, and during your senior year, there are twice monthly Saturday seminars and weekly meetings with a personal Educational Mentor Tutor to help you apply to college. The program is geared for low income students. <http://cpp.unm.edu/>

**CNM Dual Credit classes** Both during the summer and the school year, CNM dual credit classes are free and provide both high school and CNM credit. See your high school counselor to enroll.

<https://www.cnm.edu/depts/outreach/dual-credit>

**QuestBridge Summer Program** Full Scholarships to College Summer Programs at Brandeis, Emory, Harvard, Notre Dame, Penn, Stanford, or Yale. For outstanding students a special chance to experience life beyond high school and to gain first--hand experience on what to expect from attending a selective college. For low--income students.

<https://www.questbridge.org/high-school-students/college-prep-scholars/summer-programs>

**City of Albuquerque Jobs** are available for youth who are at least 16, and pay ranges from \$7.50 -- \$11 per hour, depending on the position and the applicant's qualifications. Jobs are available at pools, playgrounds, community centers, in therapeutic settings and in labor. Once a teen has filled out the online application, someone will call to set up an interview.

<https://www.cabq.gov/office-of-equity-inclusion/city-youth-jobs>

**County of Bernalillo Jobs** In 2013 Bernalillo County hired 85 teens in its Job Mentor Program.

<https://www.governmentjobs.com/careers/bernco>

## **Non-local Summer Opportunities**

**NSLI Study--abroad** program for the summer (or school year) to learn a language in a foreign country by immersion. The program also includes learning about the culture. The deadline to apply is in the Fall. Sponsored by the U.S. Department of State. [www.nsliforyouth.org/](http://www.nsliforyouth.org/)

**NASA high school internships** [www.nasa.gov/centers/goddard/education/internships.html](http://www.nasa.gov/centers/goddard/education/internships.html)

### **Research Science Institute at MIT**

Each summer, 80 of the world's most accomplished high school students gather at the Massachusetts Institute of Technology for the Research Science Institute (RSI). Invited students enjoy a six--week, cost-- free program designed to kick--start their careers of leadership in science, mathematics, engineering, and technology. <https://www.cee.org/research-science-institute>

### **Scholarships to Space Camp at US Space and Rocket Center, Huntsville, AL**

<https://www.spacecamp.com/scholarships>

### **DATABASES FOR STUDENT INTERNSHIPS:**

<https://www.thestemnet.com/resource/stem-internships-and-summer-opportunities-high-school-students>

[https://www.glassdoor.com/Job/high-school-student-summer-internship-jobs-SRCH\\_KO0,37.htm](https://www.glassdoor.com/Job/high-school-student-summer-internship-jobs-SRCH_KO0,37.htm)